

## *RCMC Newsletter January 2018*

### *January Meetings*

#### **Thurs. January 11th. - Jim Estill - "His Story of Sponsoring Syrian Refugees"**

##### **Presentation Description**

Since beginning this journey of bringing Syrian refugees to my hometown, Guelph Ontario Canada, the question I've been asked repeatedly is "why?" So it is a question that I've naturally given a lot of thought.

Why choose to help this cause and not others? Why choose to go to all the trouble? Why choose to give so much time and money to people I've never met?

But that's just it—it wasn't a choice at all. The answer circles back to one of my personal mantras that has done me well in both business and life: Do the right thing.

I like to read. A lot. I read books, news articles, anything to further my own knowledge. Because of my unending curiosity, in 2015 I kept a close eye on what was happening in the Middle East and Syria. The stories and images broke my heart.

It wasn't a choice. I had the means and opportunity to help, so I did.

##### **Bio**

CEO of Danby located in Guelph. <https://www.danby.com/>



Jim Estill

#### **Thurs. January 25th - Club Member Chris Baldwin - "What You Don't Know About Your Mental Health"**

##### **Presentation**

Based on his experience of working in facilities providing care for those with special mental health needs, Chris will share some very interesting facts about mental health and how it impacts the general public.

##### **Bio**

Chris joined RCMC in April 2016. He has worked and volunteered for many years in facilities providing care for those with special mental health needs.

Among other things, Chris enjoys Outdoor activities, Reading, and Travel.



Chris Baldwin

**9:30 Refreshments**

**9:55 Meeting**

## *Future Meetings*

Future general meetings for February 2018 are on Thurs. Feb. 8th. and Thurs. Feb. 22nd.

## *Activities & Events*

**Coffee Club** - Thursday January 4th. and Thursday January 18th.

Coffee/Breakfast **10:am** at the **AirPark Café**:50 Skyway Dr. at the Guelph Airport or **Symposium Cafe**:304 Stone Rd.W

**This is an informal get together and all RCMC members are welcome.**

**Future Activities:**

**Next Event: Sweetheart Dinner February 14th.**

Contact for Events & Activities - **Ray Biffis**: col.biffis@gmail.com

**Hiking Club - Ken Marchant**

## *Other News*

There is a new **What's New** section on the Home page of our website. This will give you quick links to any new information which has been posted on the website.

If you have any new content for the website, please send to Ritchie Zelk at [edna.ritchie@sympatico.ca](mailto:edna.ritchie@sympatico.ca)

## *Membership*

Please send any updates to your entry in the Membership Directory, including any change in email address, to Del Campbell, **519-826-0679**, [susan-delcampbell@sympatico.ca](mailto:susan-delcampbell@sympatico.ca)

Members are encouraged to invite male friends and acquaintances to our meetings.