



Royal City Men's Club

RCMC Newsletter

May 2018

May Meetings

Thurs. May 3rd. - Andree Ann-Cyr "Cognitive Studies of the Elderly"

Presentation:

André-Ann's research focuses on whether making mistakes during learning helps or harms memory among younger and older adults. Imagine you are studying for an upcoming exam: will making mistakes help or hinder your performance on the final test? Evidence has shown that younger adults generally benefit from making errors; at the very least, they do not harm their memory performance. Meanwhile, the opposite has been shown when it comes to older adults, namely that generating errors impairs their memory. In her recent work, Andrée-Ann Cyr aims to systematically relate these research branches and identify the conditions in which errors boost or harm memory among younger and older adults. She is also in the process of investigating the neural underpinnings of error resolution using fMRI. Andrée-Ann Cyr is also passionate about translating cognitive research findings to optimize life-long learning. In the future, she would be interested in incorporating psychophysiology and personality measures in order to examine the roles of anxiety and self-esteem on error resolution. For instance, some individuals view errors as threats whereas others view them more as challenges. She would also expect aging to interact with these variables given increasing concern with respect to memory and learning with age.

Bio:

Dr. Cyr is an assistant professor of psychology at York University's Glendon Campus. She conducts research on the effects of normal aging on learning and memory. She obtained her PhD from the University of Toronto and worked with researchers at Baycrest Geriatric Hospital. Andrée-Ann is a postdoctoral fellow in psychology at the Glendon Centre for Cognitive Health. The Glendon Centre for Cognitive Health supports research in neuropsychology with a focus on cognitive aging.



Thurs. May 17th. - Catherine Ollerhead De Santis "Finding King Richard"

Presentation:

In August 2012, The "Looking for Richard" project asked Leicester University Archaeological Services to excavate a city council car park with the seemingly absurd long shot request to locate King Richard's burial site.

Long Shot Indeed!!

On the second day of digging a skeleton was found that later proved to be Richard's.

Bio:

Catherine Ollerhead De Santis, University of Guelph retiree and past Vice Chair of the Canadian Branch of the Richard III Society introduces us to the mortal remains of England's last Mediaeval Warrior King and the Real Game of Thrones!



Thurs. May 31st. - Tim Burrows "The Future of Electric Cars"

Presentation:

Tim has owned and driven battery-electric cars for the past 5 years and has logged over 160,000 kilometres without the need for gasoline or diesel fuel. He now enjoys sharing his EV experience with others and breaks down many myths and misconceptions about electric vehicle ownership.

Bio:

Tim is a retired Vice President of Forty Creek Distillery and a graduate from the University of Toronto where he earned an honours degree in psychology. Tim and his wife have lived in Carlisle Ontario for the past 27 years.



9:30 Refreshments

9:55 Meeting

Future Meetings

Future general meetings for June 2018 are on Thurs. June 14th. and Thurs. June 28th.

Activities & Events

Coffee Club - Thursday May 10th. and Thursday May 24th.

Coffee/Breakfast 10:am at the **AirPark Café**:50 Skyway Dr. at the Guelph Airport: **519-836-0984** or The Boathouse

This is an informal get together and all RCMC members are welcome.

Future Activities:

Tour of Guelph Fire Station and Headquarters, 50 Wyndham Street South Tuesday May 29 at 10 a.m.
- [Click Here](#)

An exclusive tour of Sleeman's Brewery on Thursday June 7th from 6:30 to 8:30 p.m. - [Click Here](#)

June 14th. **ANNUAL GENERAL MEETING**: Starts a 9:45, before the general meeting.

Contact for Events & Activities - Ray Biffis: col.biffis@gmail.com

Hiking Club - Ken Marchant

Other News

There is a new What's New section on the Home page of our website. This will give you quick links to any new information which has been posted on the website.

If you have any new content for the website, please send to Ritchie Zelk at edna.ritchie@sympatico.ca

Membership

Please send any updates to your entry in the Membership Directory, including any change in email address, to Del Campbell, 519-826-0679, susan-delcampbell@sympatico.ca

Members are encouraged to invite male friends and acquaintances to our meetings.