



Royal City Men's Club

RCMC Newsletter

March/April 2021

March-April: Virtual Meetings

March 4th. 2021 Alex Smith: Update on Yorklands Green Hub

Presentation:

At publishing time details are not available, but it should be interesting.

Bio:

Alex grew up in London, Ontario and earned his Bachelor of Arts and Masters of Arts Degrees - both in History - at Western, before studying law at the University of Windsor. Upon being called to the bar in 1983, he worked as an Assistant Crown Attorney in Lindsay, Brampton and Guelph. In 2001, Alex became a senior manager in the Ministry of the Attorney General, Criminal Law Division. His duties included managing information technology resources for the Divisions, managing education and training for the Division's 1000 lawyers and 600 support staff, Chairing the Attorney General's Task Force on Internet Crimes Against Kids, conducting major prosecutions across the province and in Nova Scotia and arguing appeals in the Ontario Court of Appeal and Supreme Court of Canada.

Alex retired in 2015 and now spends his time walking his dog, playing golf (badly), reading (mainly crime novels), travelling and doing a bit of volunteer work, including as a Director of Yorklands Green Hub. He has resided in Guelph, with his wife, Jane Caspers, since 1986.



10am. To be followed by Live Questions.

March 18th. John Core: Agricultural Trends

Presentation:

At Publishing time details are not available, but it should be interesting.

Bio:

John Core was born and raised on a dairy farm in Lambton County. He is a graduate of the University of Guelph with a BSc(Agr) 1970 and a MSc (1972). John has been an Agricultural College lecturer, a dairy farmer, chair of Dairy Farmers of Ontario, and Chair/CEO of the Canadian Dairy Commission.

Now retired, he and his wife Donna live in Guelph and have 2 daughters and three grandchildren. He is a director of Agricorp, a director of the Foundation of Guelph General Hospital, Past President of the Ontario Agricultural Hall of Fame , and a Restore and an Adopt-a-Family volunteer.

John has self published two books of poetry and is in the process of self publishing a book of short stories titled ' Memories of a Farm Boy in the 50's'



10am. To be followed by Live Questions

April 1st Sergeant Bob Paterson: Fraud During Covid

Presentation:

The D.N.A. Method of Fraud Protection

It's difficult to keep up with ever changing scams and schemes you could encounter. But seniors – especially those living alone – can apply the D.N.A. method and relax.

Bio:

Following his retirement in 2007 from OPP General Head Quarters in Orillia, Ontario, Sergeant Bob Paterson has remained involved in traffic safety, community safety and public education.

During his 17 years as an OPP Officer, and 15 years with the Toronto Ambulance Service (now known as Toronto EMS) Sergeant Bob recognized the need to spend more time on prevention and education.



10am. To be followed by Live Questions

April 15th. Mayor Cam Guthrie: The State of the City of Guelph

Presentation:

Cam will share with us his position on "**Guelph: State of the City**".

Bio:

Cam Guthrie was elected Mayor of Guelph in 2014, after serving as a Councillor for Ward 4 from 2010 to 2014.

A licensed insurance broker and local entrepreneur for the past 16 years, Cam has served as a speaker and mentor at the Guelph-Wellington Business Enterprise Centre. He holds a business diploma from Sir Sandford Fleming College. In 2008, the Guelph Mercury named him as one of the city's top "40 Under 40."

An avid community volunteer, Cam has served on the Boards of Michael House, the Guelph Neighbourhood Watch Association, and Guelph Crime Stoppers. He is an accomplished drummer, a supporter of the arts, and a loyal Guelph Gryphons and Guelph Storm fan.

Cam's roots in Guelph stretch back to 1919, when his great-grandfather founded Guthrie's Bakery on Quebec Street in downtown Guelph.

Cam and his wife Rachel are proud parents of two children.



10am. To be followed by Live Questions

April 29th. Dr. Stuart Ross: Secrets of Psychotherapy: An Insider's Report

Presentation:

At publishing time details are not available, but it should be interesting.

Bio:

As chief psychologist at the Homewood Health Centre for 28 years, his focus was on assessing and treating those in the traumatic stress recovery and eating disorders programs, researching program effectiveness and supervising staff and students. His private practice involves treating injured workers, as well as other clients and insurers, and in courts as an expert witness. He is the author of a number of self-help guides as well as a novel based on his travels in Tibet studying Buddhist psychology. Since his semi-retirement, he has become 'that psychology guy', currently engaged in public speaking. He is also a singer-songwriter-musician and an idealist who dreams of saving the world.



10am. To be followed by Live Questions

To Our Members,

Royal City Men's Club Cancellations Related to COVID-19 - Updated 29 April 2020

In line with guidelines from the government and public health professionals, Royal City Men's Club is regretfully cancelling all "live" lectures, activities and coffee club get-togethers until further notice. We anticipate this could be from a several weeks to a few months.

However, we are pleased to announce that we will be offering a limited number of "virtual" meetings where speakers will present a virtual presentation using Zoom. Also, on every Thursday on which we do not have a presenter, we will have a "virtual coffee morning", again using Zoom. Thus there will be either a lecture or a coffee morning very Thurs at 10 am. In order to simplify Zoom logins, everyone will be sent a single link which will apply to all these meetings.

We thank you for your understanding and patience during these uncertain and stressful times. We will continue to communicate via our mailing list and on our website to keep you well informed. There is additional information on the website.

In the meantime, your health is of primary importance and we encourage everyone to follow the advice of the government and health professionals.

On behalf of your Board

Future Meetings

Meetings for May - June 2021:

[Check Schedule on Website](#)

Activities & Events

Coffee/Breakfast 10:am

Cancelled Until Further Notice

Events:

ALL ACTIVITIES ARE CANCELLED

Contact for Events & Activities -Ken Marchant:marchjack@rogers.com

Other News

There is a new What's New section on the Home page of our website. This will give you quick links to any new information which has been posted on the website.

If you have any new content for the website, please send to Ritchie Zelk at edna.ritchie@sympatico.ca

Membership

Please send any updates to your entry in the Membership Directory, including any change in email address, to Del Campbell, 519-826-0679, susan-delcampbell@sympatico.ca

Members are encouraged to invite male friends and acquaintances to our meetings.