



Royal City Men's Club

RCMC Newsletter

February 2020

Meetings:

Thursday February 6th.

Ritchie Zelk and Edna Mumford: Ethiopia-Bone Breakers, Beeding Hearts and More.

Presentation:

A pictorial journey through central Ethiopia. We will see wonderful landscapes, real life and colourful birds and endemic animals.

Bio:

Born and raised in Toronto, Ontario I have always been a traveller. I spent my working career in the coffee industry (34yrs.) as an independent distributor. My love of travel and now photography has opened a new chapter in my life. I have lived in Guelph since 2003 and am thoroughly in love with the City. My wife Edna is also a great traveller and we both are avid Ballroom Dancers and Hikers. I have been on various committees and boards and currently the Communications Director for the RCMC.



9:30 Refreshments – 10:00 Speaker

Thursday February 20th.
Laura Sullivan: Seniors at Risk

Presentation:

Laura's presentation will focus on the type of risks she encounters, how risk is analyzed as well as possible responses. She will also speak to the importance of having Power of Attorney documents as a means to reduce vulnerability.

Bio:

Laura has been working with the Canadian Mental Health Association since 2001 after graduating with a MSc. in Family Relations and Human Development from the University of Guelph. She has worked with the Here 24/7 team responding to crisis calls in the community, but she has worked primarily with the Specialized Geriatric Services Team where she has had the role of Seniors at Risk Clinical Consultant for several years. In her role, Laura responds to various calls from police, hospitals, community service providers and concerned citizens who call to express concern about a vulnerable senior. She works as an advocate for the older adult to provide education to their support team and to help balance risk with the wishes of the individual. She collaborates with community partners to help formulate a response to issues of abuse and neglect.



9:30 Refreshments – 10:00 Speaker

Future Meetings

Meetings for March 2020:

Thursday Mar. 5th. and Thursday Mar. 19th.

Activities & Events

Coffee/Breakfast 10:am

at Symposium
or the

AirPark Café:50 Skyway Dr. Guelph Airport

Thurs. February 13th. and Thurs. February 27th.

This is an informal get together and all RCMC members are welcome.

Events:

**Sweetheart Dinner Friday February 14th.
at Symposium**

Contact for Events & Activities - Ken Marchant: marchjack@rogers.com

Other News

There is a new What's New section on the Home page of our website. This will give you quick links to any new information which has been posted on the website.

If you have any new content for the website, please send to Ritchie Zelk at edna.ritchie@sympatico.ca

Membership

Please send any updates to your entry in the Membership Directory, including any change in email address, to Del Campbell, 519-826-0679, susan-delcampbell@sympatico.ca

Members are encouraged to invite male friends and acquaintances to our meetings.