

RCMC Meeting Minutes ...July 20,2023

36 Members in attendance

Meeting opened by President Bob Barry at 9:55am.

President Bob welcomed guest speaker Paul Obermeyer from Homewood Health.

Bob went on to welcome Jay Gold, Ron East and Bob Bairstow as new members. Presently, the club has 64 paid members, 7 members unpaid as well as 6 guests working toward their membership. This year's club goal is 80 members.

Bob congratulated Ken Alsop on celebrating his 90th birthday by biking 95 km. He is our club Ironman. He was presented with a lovely trophy for his efforts.

Ken Marchant, Chairman of the Activities Committee, outlined a great lineup of a few of the activities for the summer and fall...

1. Drayton production of Joseph this Saturday afternoon at 2:00 pm at the St. Jacob's Theatre...40 Benjamin Road.
2. Grand River Raceway in Elora..Dinner and the Races on Friday, September 22nd...tickets \$30.00
3. Guelph Storm Game in a reserved box on November 16th with food provided...tickets..\$40.00
4. A trip to the Hamilton Warplane Museum along with lunch is being planned for the fall.

Guest Speaker....

Paul Obermeyer on the topic...Homewood Health ...the programmes explained....a Gem in our community.

Paul was introduced by Past President John Sneyd

Paul took the club on a journey through the facility with drone shots that show a lovely wooded 50 acre setting rarely seen by

the public. The public only see the rear of the main buildings from the road.

Paul spent time explaining the philosophy of Homewood, the relationship that exists with the Guelph General Hospital and a thorough look at the programmes offered. It provided most of the membership with their first real insight into workings of this private mental health facility.

Paul is providing his PowerPoint to be placed on the club's website. This will provide the full picture of his talk. Some of the highlights from his talk follow:

- Homewood Guelph is a 300 bed schedule 1 Facility
- It also has expanded to include 3 inpatient facilities (Guelph, Mississauga, Vancouver) and 4 outpatient facilities.
- It is a private Corporation owned by the Schlegel Group.
- It is two hospitals under one roof..one section consisting of 55-60 beds are funded by OHIP and is free of payment for Regional patients. This includes 4 beds at the Guelph General Hospital Emergency Department for Mental Health Challenged Patients.
- The Private side of the facility includes Specialized Programmes that involves both medically assisted therapy and Experiential Therapy (Art,Recreation,Music,Horticulture and Yoga).
- Specialized Programmes include: Addiction Intervention (substance abuse), Mood Anxiety, Traumatic Stress Injury (Armed Forces, Police, Fire, Veterans), Eating Disorders and Mood Anxiety Substance Abuse for Seniors +55 years.
- The newest Programme is called the Residence of Homewood which provides addictions programmes in a gorgeous setting with private chef and trainer provided. This very costly programme appeals to the rich and famous from all over the world as well as professional athletes.

Numerous well thought out questions followed and Paul offered further follow up assistance for those who require further

information by contacting him at Homewood Health.
(homewoodhealth.com)

President Bob Berry thanked Paul and provided him with a token of the club's appreciation.

The meeting adjourned at 11:00am.

Fill in Recording Secretary...John Sneyd