July-Aug 2026 Newsletter

Visit the website www.royalcitymensclub.ca for updates

Ad Hoc Pop Up Walk

Join your fellow RCMC members for a hike along the Speed River Trail starting in Riverside Park

When: Tuesday, July 21, 09:00 - 11:30

Meet at the Riverside Park parking lot. Enter off Woodlawn Rd E just south of The Village of Riverside Glen where the river crosses the road and proceed south towards the parking lot near the bandshell.

Coffee will be provided by Marty after the walk. Bring a coffee mug and a folding chair. Spouses, partners, friends and dogs are very welcome.

July 23
Plant Selection that's for the Birds

Gardeners are often familiar with the benefits provided by the plants they grow to butterflies, bees and other insect pollinators. Birds also add attractive elements of colour, movement and sound to the garden environment, yet when it comes to attracting birds, much of the effort goes into the simple placement of feeders around the home. Selecting plants and designing gardens with birds in mind can add interesting new elements to the home landscape and often contribute in meaningful ways to bird conservation.

Be sure to attend to learn more

Kevin Kavanagh

Meetings for July and August 2026

July 23rd. Kevin Kavanagh: Plant Selection that's for the Birds

August 6 – Stephen Jackson - Truth and Reconciliation

Aug 20 – Bruce Ryan – Reflecting on my Life in Academia

NOTE

July meetings will take place at the usual time in the Sanctuary.

Activities and Events

Outings

July 21
Ad Hoc Hike – 9:00-11:30
Robbie's Path: Royal Recreation Trail,
Riverside Park

August 22nd.
Nashville Music Scene
Hamilton Family Theatre Cambridge 2pm

Oct. 24th.
Murder on the Orient Express
Hamilton Family Theatre Cambridge 2pm

See the activities desk for more details

Coffee Mornings

July 30th, Aug 13th & 27th

RCMC Coffee Morning

9:30 am

The Boathouse
116 Gordon St.
or
Uptown Grill
694 Woolwich St.

Visit the website to get any late-breaking changes or updates!

www.royalcitymensclub.ca